

Northeast Region Report CHNS & CHPS – November 2013

Laura Cook

- Participated in the following school flu clinics: Jonesboro Kindergarten Center, Jonesboro Pre-K, Harrisburg Elem TEAM LEADER, Weiner Elem TEAM LEADER, Harrisburg Middle and High School TEAM LEADER, Brookland Elementary, Brookland Middle, Jr and Sr High TEAM LEADER, Westside Cons School District, Valley View Elementary, Jonesboro High School, Valley View Intermediate, Valley View Jr and HS, Marked Tree Elem and High School, Buffalo Island Central Elem, Middle and HS and Riverside East and West Elem
- Spoke at the DHS Staff Meeting; presented how to use an AED and discussed CPR with compressions. Participants educated on various programs of the health dept. and the health connector website and my role as a CHNS. Participants were educated on the flu mist and the injectable flu vaccine. SOS quit line information distribute/educated with participants along with Act 811 and secondhand smoke
- Spoke at the Harrisburg Mother's Club and discussed the services offered by the Health Dept. with a focus on women's health services. Participants educated on Breast Care and Family Planning along with the Health Connector website. Participants educated on the difference between flu mist and injectable flu vaccine and questions answered about health dept. services and information given about the SOS quitline, Act811 and secondhand smoke.
- Presented to a Marked Tree Jr High Career Class. Spoke on the role of the Health Dept. in preventative care. Information shared about flu vaccine, family planning services, the SOS quitline and secondhand smoke. Questions answered regarding the new health insurance exchange. Nutrition information regarding fat content and food labels also discussed with information handed out on how to read food labels.

Karen Davis

- Flu Clinic at Williams Baptist College- Tobacco Prevention and Cessation information was given to students. Set up Insurance Information Booth at Williams Baptist College with 4 IPAs attending to speak with College students about their health insurance
- Paragould City Employee Health Fair – Tobacco booth set up with consequences of tobacco on health displayed and the 1800 # information available. Educated several participates and encouraged cessation to tobacco users
- TA assistance with Para Professional Training given to School Nurse. Neonatal Nikki Manikin was used to show Para pros the reality of certain procedures

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- Provided Work Day in Lab with TA assistance from APSCN and E School Employee at Coop for School Nurses to enter information on Screenings
- Participated in the following school flu clinics: Greene Elementary and Intermediate School, Harrisburg Elementary, Weiner Elem Schools, Harrisburg Middle and High School, Greene County Tech Middle and Jr. High School , Maynard School, Westside Elem and Jr. High School, Paragould Jr. High and Sr. High School, Black Rock Elem and High School, Piggott Elementary, Strawberry Elementary, Lynn HS and Rector Elem and High School
- Participated and planned flu clinics at New Haven Baptist Church and Williams Baptist College

Jennifer Lynch

- Presentations to 9th thru 12th Grade Health Education Classes at Wynne High School on ATV Safety. Showed “A Trip Unplanned”, An ATV Story, followed by education of TRIPSS and questions from students. Drug, Alcohol and Tobacco use were also discussed and the dangers while using an ATV as well as in everyday life. TRIPPS handout was provided to students. There were 3 presentations given and 62 participants in attendance, During the Injury Prevention Presentation to the 9th-12th Graders at Wynne High School, we discussed the dangers and health concerns of smoking and second hand smoke and Act 811 were discussed with students
- Presented to the Wynne School District Wellness Committee on the School Wellness Toolkit, SHI, BMI, CSH and my role as a CHPS. I described in detail the programs that can be provided by the CHNS and CHPS. There were 15 SD employees in attendance that included the Superintendent, Principals, PE Teachers, Special Projects Coordinator, School Nurse, Classroom Teachers, Food Service Director and PTA President
- Presented to the Westside School District Wellness Committee in Craighead County on the School Wellness Toolkit, SHI, BMI, CSH and my role as a CHPS. I described in detail the programs that can be provided by the CHNS and CHPS. There were 5 SD employees in attendance that included the Assistant Superintendent and School Nurses from each campus
- Presentation on Nutrition and Physical Activity to Mrs. Bell’s Class at East Junior High in West Memphis. We discussed proper nutrition with My Plate and Go, Slow, Whoa foods. Educated on sugar sweetened beverages and affects they have on our bodies. I included an activity to test their knowledge of Go, Slow, Whoa foods where students were given foods and had to place them in the proper category, pre and post presentations. We educated on Act 811 and the types of cancer that tobacco can cause as well as other health disparities

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- Tobacco and Smokeless Tobacco prevention/education presentations were given to the 6th Grade Boys Health Education Classes at Wynne Junior High School. The dangers, health concerns of smoking and second hand smoke and Act 811 were discussed with students and staff. I incorporated the “Just Say No” video and the Tobacco Spin Wheel Activity where student had to answer questions from the video. There were 3 presentations given and 19 participants were in attendance
- Presentations to Wynne Junior High School 6th Grade Girls Health Classes on ATV Safety. Showed “A Trip Unplanned”, an ATV Story, followed by education of TRIPSS and questions from students. Drug, Alcohol and Tobacco use were also discussed and the dangers while using an ATV as well as in everyday life. TRIPPS handout was provided to students. There were 5 presentations given with 8 participants in attendance During the Injury Prevention Presentations to the 6th Grade Girls Health Education Classes at Wynne Junior High School, we discussed the dangers and health concerns of smoking and second hand smoke and Act 811 were discussed with students and staff.

Becky Lamb

- Hearing and Vision Training for school nurses
- Recruited School Nurses to enter BMI data into E-School as part of a pilot study - Working with Laura Taylor and Kelly Spencer to set up a Teen Driving class for Cabot High School .Contacted Karen Sagasky to ask her to write a letter of support for AR Care for a grant application. Sent Anna Haver instructions for managing an essay contest
- Participated in the following school and community flu clinics: Pangburn School & Community Flu Clinics ,Wilbur D. Mills Co-op, Capstone flu clinic, Melbourne & Mt. Pleasant Schools(Izard County), Riverview Judsonia, Riverview Jr. & Sr. High School, Judsonia Community Flu clinic , Riverview Kensett School & Kensett Community flu clinic , Rose Bud School , Rose Bud Community flu clinic ,White County Central School and Community flu clinic, Liberty Christian School & Mt. Pleasant School Flu clinic (White County), Bradford School and Community flu clinics, Beebe Elementary, Beebe Middle School, Searcy McRae School, Searcy Westside Elementary School
- Sent out Tobacco RFA announcement to schools.
- Sent SOS items to Pangburn to be distributed at health Fair
- Accepted \$500.00 grant from Action for Healthy Kids to promote School Breakfast

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Cynthia Schaefering

- Southside 5th and 6th grade students viewed "Just Say Know" about tobacco education. After watching the video we educated in detail the ways big tobacco targets youth and how they can say NO and mean it. Informed students of Act 811 and over half of the class had parents who smoked in the vehicle with them. Students were informed of the SOS quitline for referring the parents. Focused on smokeless tobacco and the frequent use of it on school campuses and what it meant to be a "Tobacco Free Campus". Discussed the importance of using helmets while operating an ATV, especially during the hunting season. There was a total of 29 students and 2 adults
- Submitted pictures and information to Kim McCray for the newsletter from the Out of the Darkness Suicide Awareness Walk, Great American Smoke out activity from Sharp County and School flu clinics
- Attended the American Public Health Association National Conference in Boston as President of Arkansas Public Health Association. Accepted an award from the MCH section for the Text4Baby campaign, which Arkansas won its category for greatest number of enrollees into the program
- Meeting with Heather Hoggard, Independence County Tobacco Grantee Coordinator, to collaborate on Tobacco presentations at Midland schools and other outlying Independence county schools
- Participated in the following school and community flu clinics: Timbo, Rural Special, Batesville Jr. High, Batesville West and Sr. High, Rosebud, ICC, Cave City, Bradford, Beebe and Beebe-McRae Schools. Rosebud and Cave City Community Flu Clinics.